

Tuckshop is only closed for the first & last week of each year

\*\*\*\*\*ORDER BY 8.45am\*\*\*\*\*

- Order on a plain brown paper bag (available from the Tuckshop, 10c each or 20 for \$1.50, or from the supermarket).
- Separate bags for 1<sup>st</sup> & 2<sup>nd</sup> Break
- Write out bags BEFORE arriving at Tuckshop & hand them into Tuckshop BEFORE school
- Children collect their orders from the Tuckshop, 1<sup>st</sup> & 2<sup>nd</sup> break.
- Prep lunches are delivered to Prep classroom

EXAMPLE

Billy Smith	
2C	
1 <sup>st</sup> Break	
Salad Sandwich	\$4.00
Choc milk	\$2.50
Total	\$6.50
Enclosed	\$6.50

Billy Smith	
2C	
2 <sup>nd</sup> Break	
Chunky Fruit Bowl	\$2.00
Frozen Yoghurt	\$2.00
Total	\$4.00
Enclosed	\$5.00
Change	\$1.00
<b>(Change will be taped to bag)</b>	

The Tuckshop operates

**WEDNESDAY, THURSDAY & FRIDAY, 8.15am to 2pm**

**Break Times:**

**1<sup>st</sup> Break - 10.45 to 11.20am**

**2<sup>nd</sup> Break - 1.25 to 2pm**

If your child has any special dietary requirements, please talk to me, as I will do my best to cater for ALL.

**Happy & Healthy Eating**  
Jo Politch  
Tuckshop: (07) 4636 8329



**VOLUNTEERS NEEDED!** The Tuckshop cannot operate without our wonderful pool of TUCKSHOP CHAMPIONS. Please join us for some fun in the kitchen!

**WELCOME  
TO THE  
Darling Heights State School  
P&C Association  
TUCKSHOP**



**2019  
MENU**

**Tuckshop Convenor: Jo Politch**

(H) = Halal

HOMEMADE YUMMIES	
* <b>Flying Saucer</b> Melted cheese on bread (H)	\$0.50
* <b>Mountain Spud (H)</b> *Baked beans/ curry (H) *Bacon & tomato *Chicken & creamed corn (H) *Savoury mince (H)  *Dollop of sour cream 50c extra Each topped with melted cheese	\$5.00
* <b>Lasagne (H)</b>	\$5.00
* <b>Fried Rice</b>	\$4.00
* <b>Spaghetti Bolognese (H)</b>	\$4.00
* <b>Sweet Chilli Chicken Wrap</b> Sweet Chilli Chicken Tender with lettuce, cheese, sweet chilli sauce or mayo	\$4.00
* <b>Dino Snack Box (H)</b> Dino Nuggets with mashed potato, peas, corn & carrot <b>OR</b> Dino Nuggets with salad	\$4.00
* <b>Pizza Muffin</b>	
* <b>Hawaiian</b> - ½ English muffin with tomato sauce, ham, pineapple & cheese	\$3 each or 2
* <b>BBQ Chicken (H)</b> - ½ English muffin with bbq sauce, chicken, tomato & cheese	for \$5
* <b>Garlic Bread Bun</b>	\$2.00

**TUCKSHOP PAPER BAGS**

**\*\* 10 CENTS EACH  
OR 20 FOR \$1.50\*\***

**\*\* PLEASE WRITE OUT ORDERS ON  
PAPER BAGS AT HOME \*\***



HOT YUMMIES	
* <b>Hot Noodle Cup (H)</b> Beef or Chicken	\$2.50
* <b>Hot Corn Cob (mini x 2) (H)</b>	\$1.00
SNACK TIME	
* <b>Popcorn (H)</b> freshly popped	\$0.50
* <b>Mini Fruit Muffin</b>	\$0.50
* <b>Boiled egg (H)</b>	\$0.80
* <b>Mini Fruit Cup (H)</b>	\$1.00
* <b>Cheese &amp; Crackers x 6 (H)</b>	\$1.00
* <b>Pikelets x 2 (jam/ marg) (H)</b>	\$1.00
* <b>Fruit (Seasonal) (H)</b>	\$1.00
* <b>Slinky Apple (H)</b>	\$1.00
* <b>Cheese Stick</b>	\$1.00
* <b>Mini Yoghurt Tub (H)</b>	\$1.00
* <b>Mini Custard Tub</b>	\$1.00
* <b>Chunky Fruit Bowl (H)</b> Add 50c for Fresh/Frozen yoghurt	\$3.00
* <b>JoJo's Snack Box (H)</b> Carrot & cucumber sticks, cheese cubes, rice crackers & a boiled egg	\$4.00

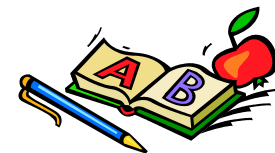


DRINKS (All drinks HALAL)	
* <b>Plain Milk</b> 150ml	\$1.00
* <b>Water</b> 600ml (poptop) <b>OR</b> 1 Litre (poptop)	\$1.50 \$2.50
* <b>Milo</b> in a Cup (Hot or Cold)	\$1.50
* <b>Juice 100%</b> (poptop) 250ml (orange, apple or apple/blackcurrant)	\$2.00
* <b>SLUSHY</b> 200mls Tropical, Strawberry Vanilla or Sour Apple	\$2.20
* <b>FM Flavoured Milk</b> 300mls (chocolate or strawberry)	\$2.50

SANDWICHES	
<b>Wholemeal only</b> *Gluten Free bread available on request*	
<b>ADD 50 cents for Toasting, Wrap, Bowl &amp; each extra topping</b>	
* <b>Cheese (H)</b>	\$2.00
* <b>Egg (H)</b>	\$2.50
* <b>Egg &amp; Lettuce (H)</b>	\$3.00
* <b>Salad (H)</b> - cheese, tomato, grated carrot, beetroot, cucumber, & lettuce <b>Add mayo *free*</b>	\$4.00
* <b>Ham or Chicken (H)</b>	\$3.00
* <b>Chicken &amp; Salad (H)</b> <b>OR Ham &amp; Salad</b>	\$5.00



FROZEN DELIGHTS		
* <b>Icy Juice Stick(H)</b>	<u>Half</u> \$0.30	<u>Full</u> \$0.50
* <b>Zing Snap &amp; Half</b>	\$0.50	
* <b>Vanilla Icecream Cup (H)</b>	\$1.20	
* <b>Frozen Yoghurt</b> - Raspberry or Mango	\$2.00	



**\*\*BRING YOUR OWN  
APPLE FROM HOME  
& HAVE IT SLINKED  
FOR 20 CENTS\*\***



CHECK OUT OUR BOARD FOR THE

**FRIDAY, 1<sup>ST</sup> BREAK ONLY**

**\$7 MEAL DEAL**

(PLEASE BE AWARE, THE MEAL DEAL IS THE ONLY FOOD/ DRINK AVAILABLE 1<sup>ST</sup> BREAK FRIDAYS)

**1. CHOOSE A BURGER:**

**DINO NUGGET BURGER (H)**  
**OR**  
**BEEF PATTIE BURGER (H)**  
with lettuce, tomato, cheese & mayo/sauce (please specify)

**2. CHOOSE A DRINK:**

**JUICE** - orange, apple or apple & blackcurrant  
**OR**  
**MILK** – choc or strawberry  
**OR**  
**WATER** 600ml