



Dear Family of YMCA Darling Heights OSHC welcome to our January 2018 service newsletter

IMPORTANT REMINDERS

Bookings and Cancellations

Please see below paragraph from the Family Handbook which should have been received with your yearly Enrolment Pack. Booking and cancellation information can also be found on our Fee Schedule.

“At YMCA OSHC we attempt to cater to all families with regard to days needed for care. Bookings can either be on a permanent or casual basis. It helps in our planning for staff and activities if families book children in on regular days according to need. We understand that some families will be unable to predict days needed and we will try to accommodate; however due to licensing requirements there may be some days we will have to refuse care to casual bookings. Parents/Guardians must notify staff of cancellations to a session booking by 6pm of the previous Friday to avoid charge.”

*If you would like another copy of the Family Handbook please let either Helen or Melissa know.

Please remember our service is licenced by Department of Early Childhood Education and Care for only 60 children per session.

Absent Days - Please contact us:

If your child/ren will be absent on any given day or session during the week, we require you to let us know as the school does not inform us and it makes a huge difference and minimises the impact of the running of our daily program, not to mention the safety of all our children.

Please add our phone numbers to your contact lists on your personal phones and give us a call or text as soon as you become aware that your child/ren will not be attending a booked session. Our numbers are: 4635 6308 and 0455 088 401.

Family use of Toilets:

At YMCA Darling Heights OSHC we are happy for our families to use our toilets if in need. Due to our child safety policies, it would be much appreciated if you could let the 'Responsible Person in Charge' (Helen or Melissa) know so that we can ensure the safety of all people here at YMCA. The Responsible Person in Charge will check the toilets are child free before an adult enters. Your understanding in this matter is greatly appreciated.

What's New at YMCA Darling Heights OSHC:

❖ Online Booking Service

[Booking Now Made Easy with our Online Booking Service Now AVAILABLE at YMCA Darling Heights OSHC](#)

We also encourage families to use our easy and convenient online booking service through your smart phone app "My Family Lounge".

If you would like to know more or you are unable to source your logon details please contact us as soon as possible so that we can assist you.

I am able to get our online My Family Lounge provider to send you logon details to your email address.

It's as easy as down loading the app to your smart phone, logging on, popping in your logon password and you are all set to go.



Educator News



Helen Mann is currently taking extended personal leave, she commenced this on the 22/12/2017. Her return date is yet to be confirmed.

We would like to mention that we are currently in the process of hiring new educators for the service. An introduction will be made upon commencement of employment.

Educator's Professional Development

- Jessica Pomare, Jessica Hayes, Helen Mann, Helen Collyer and Robert Adams completed their CPR renewal on the 20th January 2018
- Melissa Orford completed her CPR renewal on the 27th of January 2018

Activities and Projects:

During the month of January, our children participated in many exciting experiences here at YMCA OSHC.

Vacation Care:

Week 3- The children engaged in many fun themed activities based around the children's input ideas and the themes for the days which were; Kids vs Staff Day, our excursion to Cobb and Co Museum, Amazing Race Day and Community Heroes Day. The children thoroughly enjoyed all the themed service days as well as the Leonardo DaVinci themed activities during our Cobb and Co Museum trip. The children went on a scavenger hunt around the museum where they had to find some of DaVinci's inventions and count the cogs, pulleys etc

on them and they also engaged in some fun educational experiences such as making and launching their own rockets in the museum as well as making a flying machine to fly in the wind tunnel.

Week 4- During week 4 of vacation care the children enjoyed our themed days and related activities. The themes for this week were our RDK Sports incursion, All Things Colourful Day, Kings and Queens Day, Space Day and Light and Dark Day. The children very much enjoyed the RDK Sports incursion where they did lots of fun physical play with the instructor from RDK and they also learnt some soccer skills as we are currently really enjoying soccer at YMCA OSHC.

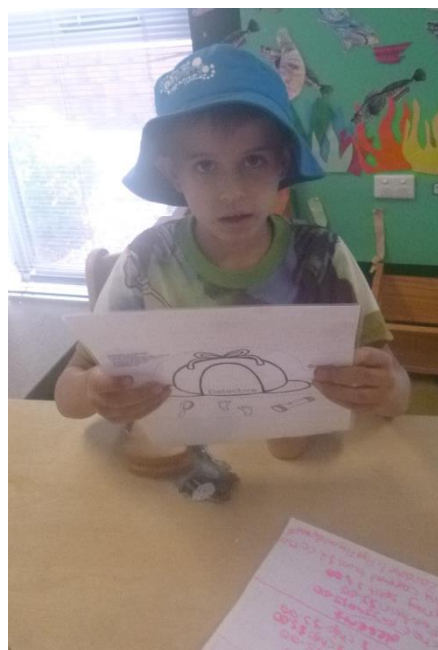
Week 5- During week 5 of vacation care the exciting themes were Things That Fly Day, Bikes Day, Go Go Gadgets Day, Sea Life Day and Australia Day Ceramics Incursion. The children's highlights for the week were bikes day where they were allowed to bring in their bike, scooter or skateboard and ride it during certain times provided they had the correct safety equipment. The children also very much enjoyed the Australia Day Ceramics incursion where they got to paint their very own ceramic koala money box to take home.

Term Time;

Week 1- First week back at school! The children engaged in many educational discussions with educators such as; lots of did you know facts about famous people who were born in Australia (you would be surprised just how close some famous people live to us in Darling Heights!), some information about when the Europeans first discovered Australia and we also learn all about Australia Day. The children also engaged in a lot of Australia Day themed activities in the lead up to Australia Day such as; colouring in the aboriginal flag, making their own posters with the Australian anthem displayed on them, colouring in their own Australian Map Puzzle, Dot paintings, colouring in the Australian Flag and making our own split pin koala. We love Australia Day here at YMCA ☺



The children learning how to make the best rocket so it will fly well.



One of our children ordering himself some lunch from our Blue Moon Café in our home corner.

Safe Guarding Children and Young People:

Child Protection is Everyone's Business.

Please see below for some supportive links full of information and contacts.

- **Amego App information available at:** <http://www.earlylearningreview.com.au/morcombes-launch-amego-app-for-child-safety/>
- **Daniel Morcombe Foundation** – To find out more information on Child Safety go to the below website. <http://www.danielmorcombe.com.au/>
- **Child protection** - www.communities.qld.gov.au/ , www.qld.gov.au/community/getting-support-health-social-issue/reporting-child-abuse/index.html , (National Association for Prevention of Child Abuse and Neglect - NAPCAN) – www.napcan.org.au/resource-hub/
- **Community events** - www.mycommunityconnect.com.au
- **Child Care Benefit** - www.humanservices.gov.au/customer/services/centrelink/child-care-rebate
- **Domestic Violence** - <http://www.dvconnect.org/about-us/> (Hotline **1800 811 811** 24/7)
- **Immunisation** - [http://www.immunise.health.gov.au/internet/immunise/publishing.nsf/Content/5403D77C07E1973ACA257D49001E3775/\\$File/NIP-schedule2016.pdf](http://www.immunise.health.gov.au/internet/immunise/publishing.nsf/Content/5403D77C07E1973ACA257D49001E3775/$File/NIP-schedule2016.pdf)
- **Inclusion Support** - www.ku.com.au/resources/documents/FSF%20Information%20for%20Families%20Brochure.pdf
- **Mental Health** - www.kidsmatter.edu.au/families/about-mental-health/mental-health-basics/when-life-hurts
- **Nutrition** - www.naqlld.org/services/healthy-at-home/
- **Physical Activity** - [www.health.gov.au/internet/main/publishing.nsf/content/F01F92328EDADA5BCA257BF0001E720D/\\$File/brochure%20PA%20Guidelines_A5_5-12yrs.PDF](http://www.health.gov.au/internet/main/publishing.nsf/content/F01F92328EDADA5BCA257BF0001E720D/$File/brochure%20PA%20Guidelines_A5_5-12yrs.PDF)
- **Raising Children Network** – (General and contemporary topics e.g. nutrition, physical activity, play, computers and technology, effective hygiene practices, immunisation, infection control) www.raisingchildren.net.au/school_age/school_age.html
- **Relationships Australia Queensland** - www.raq.org.au/
- **Sun Safety** - www.qld.gov.au/health/staying-healthy/environmental/sun/index.html
- **Support for Aboriginal and Torres Strait Islander families**- www.communities.qld.gov.au/gateway/reform-and-renewal/child-and-family/working-better-with-aboriginal-and-torres-strait-islander-families
- **Triple P Parenting** - www.triplep-parenting.net.au/qld-uken/about-triple-p/positive-parenting-program
Phone Parentline on 1300 30 1300
- **Family and Child Connect** - <http://www.familychildconnect.org.au/index.asp>

Facebook Information:

- ❖ Like us on Facebook to view our exciting posts and see what your children are really up to while there with us. Every week we post pictures and information about what our children engage in whilst at YMCA Darling Heights OSHC.

<https://www.facebook.com/YMCA-Brisbane-Outside-School-Hours-Care-740250386008243/timeline/>

Policy of the Month - January;
Policy 3 - Anti-Bullying

Policy Content;
-Procedures
-Responding to a bullying incident

Community Information

Initiative that is being offered by Australia Post. Free 12-Month mail re-direction service for Domestic and Family Violence Victims. Eligible customers experiencing domestic and family violence who need to arrange a Mail Redirection Service will be able to access this for 12 months free of charge from Australia Post. This is a great initiative which will be a great help to clients who are fleeing their homes due to domestic and family violence. Please see link below for more details on how to apply: <https://auspost.com.au/parcels-mail/manage-your-mail/redirect-hold-mail/redirect-mail/free-mail-redirection>

If there are any areas of interest or other items you would like added to our newsletter please let us know by forwarding an email to adh@ymca.org.au or write your area of interest in our family communication book found on the family information table.

Warm Regards
Jessica Pomare and the Darling Heights Team